

BRIDGING THE GAP

**YORK 50+ FESTIVAL & CITY OF YORK COUNCIL
BRIDGING THE GAP
Friends Meeting House
Schedule of Events at**

	11 - 12	12 - 1
Library (seats 20)	WRITE AROUND THE WORLD Sharon Emery	MOBILE PHONE PHOTOS Future Prospects
Fell (seats 25)	UNIVERSAL LAUGHTER Terry Anne Scholes	CURRIES FOR CHRISTMAS Sharmini
Penn (seats 40)	CHILDHOOD IN WAR & PEACE Brenda Mackfall	
Meeting Room (seats 150)	ANNAPURNA INDIAN DANCE WORKSHOP Shantha	

INTERFAITH will have a stand in the foyer - Joyce Pickard
YORK INDEPENDENT LIVING NETWORK - Siân Balsom from York CVS and available to discuss progress towards creating a Centre for Independent Living
TRAVELLERS' TRUST information will be available - Christine Shepherd

Sue Lister, Coordinator
Phone: 01904 488870
Email: sueann@curlew.totalserve.co.uk

LIBRARY

Write Around the World: Sharon Emery 653522

An exciting Creative Writing session - no experience needed. We'll make amazing poems. Materials provided.

Mobile Phone Photos: Lee Davey 634748

Future Prospects is offering * tips on taking pictures * where and how pictures are taken * editing of pictures on the phone and/or computer. Bring your phone and your camera.

Inspiring Older Women: Ann Kaloski 433674; cws-25@york.ac.uk

A workshop celebrating older female role models: Short discussion plus space for sharing with friends, partners, grandmothers - whatever you choose. All ages, sexes, cultures welcome.

Gay and Proud: Bootsy 341077 & Mark

Bridging The Gap: Gay And Proud! - an informal drop-in for lesbian, gay, bi and trans folk of all ages, where we can talk freely about our sexuality, sexual orientation and identity.

**ICIL SOCIAL INCLUSION WORKING GROUP
BRIDGING THE GAP
Friends Meeting House, Friargate
All of which are FREE**

1 - 2	2 - 3	3 - 4
INSPIRING OLDER WOMEN Centre for Women's Studies	DROP IN: GAY & PROUD LGBT Forum	
CARERS FORUM Irene and Katie		40-70 Rule Luke Norbury
PEOPLE FIRST WORKSHOP Sandra	ANCIENT ORDER OF FORESTERS Enid Webster	
	YOPA PUBLIC MEETING Old Age: Who Pays? Who Cares? Don Derrett	

group members
for York

And in the evening enjoy....

PETERLOO POETS: Poetry Reading
7 - 9 pm (with interval)
Meeting Room
Harry Chambers & Ann Drysdale

zine journeys, share wild, wonderful words and produce colourful stories and

are stored on your phone * downloading pictures to the computer * simple curiosity and hopefully all your questions will be answered.

& materials to create a poster in words, photos, painting, to give to friends, family. Further details at: <http://tinyurl.com/olderwomen>

Trans folk of all ages, where we can talk freely about our sexuality, sexual

FELL ROOM

Universal Laughter: Terry Anne Scholes 750880 www.terryanne.com

Laughter is a universal beneficial skill that we can all utilise to enhance our live any time you choose. Young and old, single, paired, from different cultures and

Curries for Christmas: Sharmini 490086

A cookery demonstration and taster - a sample of alternative Christmas party

York Carers Forum: Kate & Irene 422437

There is a gap in our society that is being filled by unpaid carers. If this rings a with the aim of clarifying the roles we play as unpaid carers.

40-70 Rule: Luke Norbury 690884

Talking sooner is better than waiting until a crisis has occurred. Our advice is d sensitive topics that often make conversations difficult. The idea is that if you're

PENN ROOM

Childhood in War & Peace: Brenda Mackfall 01759 371900

Everyone has stories from their childhood, the good, the bad and the ugly. It will our childhoods compare in time of war, and post-war, and in times of peace in th

People First Workshop: Sandra 479315

Good communication which leads to better understanding is the key to bridging through learning how to sing and sign together. All welcome.

Ancient Order of Foresters: Enid Webster 413623

The Foresters Friendly Society has been 'bridging the gap' from 1834 and here are administered for the benefit of the members, who in addition raise and don: and discover some of the history of a society which this year celebrates 175 ye

MEETING ROOM

Annapurna Indian Dance Workshop: Shantha 01422 365103

This professional dance company is offering an enjoyable and imaginative Indi: experiencing the harmony and fun of Indian dance. Don't miss this fine opportu

YOPA Public Meeting: Don Derrett 341175

Our speakers are Hugh Bayley MP, a representative from CYC Housing & Soc and listen to a panel of people deeply involved in the challenges posed by the (our society. One of the issues we will be discussing is: Who pays for the cost o does dignity fit in? If you have a question or a vision for the future, come and sl

Peterloo Poets: Harry Chambers 652726

Poetry that Bridges the Gap...between youth and age, innocence and experie and Peterloo poet, Ann Drysdale, the holder of the Dylan Thomas Prize for poe "Ann Drysdale's poems immediately communicate and amuse, delight, move... "...the Peterloo series is a haven of poetic sanity in a world of modish obfuscat

s. Learn how to do a belly laugh which will help you de-stress and love life f with different world views - what makes you laugh?

fare. All welcome, including party organisers.

bell with you, please come along to share your experiences and observations

lesigned to help adult children and their ageing parents deal with those > 40, or your parents are 70, it's time to start talking.

be especially fascinating to share experiences from different eras – how do ie decades leading up to the millennium? Stories to be savoured and enjoyed.

y the gap. Get to know our group through games, and develop understanding

> in York since 1837, offering assistance to those of modest means. The funds ate many thousands of pounds to charities each year. We invite you to drop in ars of sharing and caring for others. Refreshments provided.

an dance workshop, sharing cultural traditions with all who are interested in inity to work with a talented teacher.

ial Care, and a champion from Dignity in Care. Come and share your views growing numbers of older people (soon to be us if it isn't personal already!) in if residential care and home care? What is fair and what is practical? Where hare it. Can we in York sow the seeds of workable solutions...?

nce, dreams and reality, read by Peterloo Poets' publisher Harry Chambers, try in performance.

. She can also be truly and unboastfully funny." **Outposts** 'ion." **British Book News**