

YORK 50+ INFORMATION FAIR STAND DESCRIPTIONS

AGE UK YORK (formerly Age Concern York)

We provide a wide range of personal and practical support: giving information and advice, arranging respite care and friendly visitors, helping after a stay in hospital, as well as advising on holidays and other leisure activities.

BANNATYNE'S HEALTH CLUB

At Bannatyne's York our focus is your goal! Whether you want to drop a clothing size, get to the top of the stairs without puffing, or simply chill out and relax- our team are here to help.

COMPUTER START

We offer one-to-one computer tuition in the comfort of your own home, for anyone up to the age of 100 and beyond! From computer set up to email and Skype set up plus everyday use call Anita on 07944 717019

CROMBIE WILKINSON

We are a specialist team of solicitors. Our services are especially relevant to the York 50+ audience – making a will, making a lasting power of attorney, tax planning matters, creating trust and estate administration.

CITY OF YORK COUNCIL

Our stand will be shared by the Warden Call/Telecare Service promoting its 24/7 services. We will be taking the opportunity to consult with visitors to the fair on the future of the council's Elderly Persons' Homes.

CITY OF YORK COUNCIL – Sport & Active Leisure

We are here to help. Come and talk to us about activities and courses for those over 50 as well as what's available at pools and leisure centres. Try something different, make new friends and get fitter at the same time!

ENERGY SAVING TRUST

We provide free energy-saving advice and can link you up with grants/discounts for insulating your home. We can also explain how you can earn a 2nd income from the feed-in-tariff, and get money off renewable heat systems.

FAIRER WORLD

A dedicated Fair Trade shop selling foods, crafts, cards and clothing, promoting sustainable living. Fair Trade enables producers in Africa, Asia and Latin America to improve their communities and have more control over their lives.

HANDYPERSON SERVICE

Assists with small repairs and other tasks to enable you to live safely and comfortably within your own home. Clients in receipt of income-based benefits pay for materials and the handyperson will fit them for free.

HEARING DOGS FOR DEAF PEOPLE

"Hearing dogs", many small rescue dogs, help profoundly deaf people to lead fulfilled lives, giving confidence to adults and children, acting as their constant companion. We fundraise and inform the community about deafness.

HEWORTH RETIRED MEN'S FORUM

A group of retired men from all over York who meet fortnightly on Tuesday mornings at Heworth Community Centre to hear interesting speakers on a wide variety of topics.

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LEEDS PARTNERSHIP NHS FOUNDATION TRUST

We are a mental health and learning disabilities organisation providing services for the UK. We will be encouraging the public to become members of our trust to try and stamp out stigma and educate people about mental health.

LISHI COMMUNITY

An introduction to the Lishi system of exercise: Dao Yin Breathing exercises, Kai Men Chinese Yoga, and the Tai Chi form. These strengthen the lungs, boost energy and increase the range and fluidity of movement. The form improves balance and co-ordination, whilst improving the focus of the mind.

MEDI-POPPERS

Come and try this new device for extracting pills from foil blister packs.

OCAY

Older Citizen's Advocacy York is an independent registered charity offering a free advocacy service for all citizens of York aged 50 and over. Our stall will contain information about the support offered by OCAY and forthcoming fundraising events, plus opportunities and information about volunteering.

ODDFELLOWS

A friendly society which provides social functions and a care service. Our motto is "Making Friends and Helping People."

OLGA (Older Lesbian, Gay, Bisexual and Transgender Association)

We offer socials in Scarborough, befriending and sign-posting services, and training in equality awareness especially in care homes and to health and social care providers. We listen and we speak out.

RESOURCE CENTRE FOR DEAFENED PEOPLE

RCDP, now 20 years old, helps hundreds of elderly people with varying levels of hearing loss to cope with many of the problems caused by deafness. We offer free up-to-date advice, information and practical help.

TADCASTER COMMUNITY SWIMMING POOL

A charitable organisation operated and managed by volunteers. Come and enjoy our facilities! If you are interested in becoming a volunteer, please contact the pool at Westgate, Tadcaster, LS24 9AB, or phone 01937 833001.

WATER WORLD

This attraction is a fun-day out for the entire family and offers a small pool just for swimming and a larger pool with a wave machine and lazy river. Water World also offers 3 slides of varying challenge and a toddler pool. Relax in our café or take advantage of our health and fitness itinerary for Over 50s.

WORKERS EDUCATION ASSOCIATION

The WEA provides learning to cover a wide range of interests. Do drop by our stand and pick up a copy of all our local courses.

WILTSHIRE FARM FOODS

We have more than 220 delicious dishes throughout our range, which are hand delivered FREE by friendly, caring and reliable drivers. Delicious meals at tasty prices. Come and find out more.

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YORK BLIND & PARTIALLY SIGHTED SOCIETY

We are a local registered charity providing information, practical help and support for visually impaired people. We offer an Equipment & Information Centre, volunteer visiting service, activities and eye clinic support service.

YORK LINK

The Local Involvement Network is a group of York people and organisations with the power to influence local decisions related to health and social care. We aim to improve these services with your help.

YORK OLDER PEOPLE'S ASSEMBLY

Our aim is to raise awareness of policy issues affecting the lives of older people through our public meetings and newsletters, to be well represented on policy-making committees, and to speak out in the press and media on local and national issues of concern to older people. Our annual 50+ Festival and Information Fairs offer activities, entertainment, services and advice and help to promote community cohesion.

YORK OSTEOPOROSIS SOCIETY

We help to make the people of York aware of the seriousness of the debilitating disease of Osteoporosis that affects 1 in 2 women and 1 in 5 men causing broken bones over the age of 50. Friendly advice and plenty of information available so please come and chat to us.

YORK TALKING NEWS

We provide monthly news on a cassette or memory stick for visually impaired people. Each contains 45 minutes of local news plus 45 minutes of articles of general interest. There is no charge.

YORK TEACHING HOSPITAL NHS FOUNDATION TRUST

Become a member and have a say in shaping the future of health care in York. Come along and join up or simply collect an information leaflet.

YORK WHEELS

We provide door-to-door transport in the York area for people over 60 or with mobility problems. We run a volunteer car service and operate 2 minibuses that are wheelchair accessible.