

YORK 50+ FESTIVAL  
Monday 2 October 2017

ALMSHOUSE WALK with Monica Nelson



1



2



3



4



5



6



7



8

PLAYING THE EDINBURGH FRINGE  
St. Sampson's Church with F Mary Callen



1



2



3



4

# SEATED PILATES

## Briar House Resources with Joanna Ingerson



1



2



3

Photos by Catherine Sotheran