

**YORK 50+ INFORMATION FAIR**  
**30 stands at the Guildhall**  
**Wednesday 10 September 2014**

**AGE UK YORK**

We provide a wide range of personal and practical support, which includes giving information and advice, arranging respite care and friendly visitors, helping after a stay in hospital, and organising a variety of leisure activities such as holidays and day clubs.

**CENTRE FOR GLOBAL EDUCATION** Engaging interactive activities for all ages that encourage community cohesion.

**CENTRE FOR LIFELONG LEARNING**

We offer a broad range of part time courses specifically tailored to adult learners. So whether you want to study for credit, for pleasure or via distance learning, we have a course for you!

**COMPASSION IN DYING & DIGNITY IN DYING**

Compassion in Dying supports choices at the end of life and provides information about rights including Advance Decisions. Dignity in Dying is campaigning for legislation which would allow terminally ill patients to choose to end their lives.

**CROMBIE WILKINSON**

Protect yourself and your loved ones from the effect of mental incapacity by talking to an expert solicitor about a Lasting Power of Attorney. Crombie Wilkinson Solicitors can advise you on the importance of a LPA and preparing a Will.

**CYC SPORT & ACTIVE LEISURE**

We provide opportunities for people of all ages across York to keep fit and healthy. Our Eng-AGE programme provides community sport and physical activity sessions for the older active adult including badminton, tai chi and Pilates and participates in events such as the annual Eng-AGE 50+ Games to let people know what is available.

**CYC HOUSING ADVICE**

Alice Walker will give advice and information on housing and housing issues for the over 60s. Moving on, staying put, adaptations, specialist housing, you name it and we can talk about it!

**DEMENTIA FORWARD**

We are an experienced, passionate team supporting people living with dementia and those who care for them in our local area.

**DEPARTMENT OF WORK & PENSIONS**

Oliver from DWP will be on hand to give you advice on benefits – Carer's Allowance, Personal Independence Payment, Attendance Allowance, Disability Living Allowance. Carer's Allowance has a new digital service for claiming and reporting changes [www.gov.uk/carers-allowance](http://www.gov.uk/carers-allowance).

**FORESTERS**

We are a friendly society which has worked in York since 1837, taking care of its members and also raising funds to donate to the work of other charities. Please come and find out more.

**HARROWELLS**

We offer legal advice for individuals, families and businesses on a wide range of issues including wills, inheritance tax and probate, powers of attorney, property transactions, disputes and compensation claims including reclaiming care home fees.

**THE HEALING CLINIC**

We are a complementary health clinic offering a wide range of therapies for individual treatments. We also do outreach work at events, work-places, conferences, weddings, care homes, etc, as well as self-help workshops.

### **HEALTHWATCH YORK**

We work hard to enable the people of York to get the best out of, and also improve, our local health and social care services. We aim to put you at the heart of these services.

### **INLAND WATERWAYS ASSOCIATION NORTH RIDING BRANCH**

This is the local branch of a national charity, which represents the interests of boaters in the North Yorkshire, Teesside and Tyneside areas. We operate Castle Mills Lock in York on behalf of the City of York Council and publish a newsletter – *Northern Navigation News*.

### **LAST WISHES FUNERALS**

Advising people on how to keep funeral costs down, while at the same time creating a more personal, meaningful and healing funeral.

### **NORTH YORKSHIRE SOUTH TREFOIL GUILD**

Provides friendship, fun and activities for its members as well as opportunities to support Guiding and the community. Membership is open to anyone over the age of 18 who is willing to make the Guide Promise.

### **OCAY**

A free advocacy service for people over 50. We speak up for and support people to express their own views effectively, to make informed choices and achieve their goals. We work for empowerment, self determination and equality.

### **ROTARY CLUB – YORK AINSTY**

We are seeking volunteers to work with club members on two projects, one is recycling used spectacles (which has been running for many years) and another is making kits to help young women overseas. For more information about Rotary's work in your community ring 01904 704666. Come and find out more at our stand at the Information Fair.

### **SHOPMOBILITY**

Come and chat to us and collect a leaflet explaining what Shopmobility has to offer for people with mobility problems whether it is on a temporary or permanent basis.

### **WEA**

Provides a wide range of learning opportunities. Do drop by our stall and pick up a copy of all our local courses.

### **YORK BLIND & PARTIALLY SIGHTED SOCIETY**

We are a local registered charity providing information, practical help and support for visually impaired people. We offer an Equipment & Information Centre, one-to-one computer tuition, volunteer visiting service, activities, and eye clinic support services.

### **YORK CARERS CENTRE**

We provide activities and support for unpaid carers of all ages who live, or care for someone who lives in York. Carers can also get free confidential advice and information on a range of issues including benefits, employment, training, carers' rights and how to plan for an emergency.

### **YORK HOUSING ASSOCIATION**

Housing and support provider within York and the surrounding area. Extra care housing for people over 55 who need a little more support to live independently. Sheltered housing for people over 55.

### **YORK LGBT FORUM**

We are a voluntary organisation which advocates, campaigns, provides awareness training and works with partners in support of all lesbian, gay, bi and trans youth, adults and older people. If you would like to find out more or help in any way, please come and chat to us.

### **YORK OLDER PEOPLE'S ASSEMBLY**

Our aim is to raise awareness of policy issues affecting the lives of older people through our public meetings and newsletters, to be well represented on policy-making committees, and to speak out in the press and media on local and national issues of concern to older people. Our annual 50+ Festival and Information Fairs offer activities, entertainment, services and advice and help to promote community cohesion.

### **YORK OSTEOPOROSIS SOCIETY**

We help to make the people of York aware of the seriousness of the debilitating disease of Osteoporosis that affects 1 in 2 women and 1 in 5 men causing broken bones over the age of 50. Friendly advice and plenty of information available so please come and chat to us.

### **YORK RACIAL EQUALITY NETWORK**

YREN provides race equality information to organisations and individuals, promotes and supports community cohesion, and provides impartial information and support to people who are experiencing racial harassment, victimisation, discrimination or isolation.

### **YORK WHEELS**

We provide door to door transport for people over 60 or with a disability. We can take you anywhere, for appointments or for social events.

### **YORKSHIRE AIR AMBULANCE**

A charity which provides two rapid-response helicopters to respond to life threatening situations across Yorkshire. Volunteers are needed to help the fundraising team – please phone 01422 237900.

### **YORKSHIRE HOUSING**

We assist customers to maintain independence in their own home through the York Handyperson Service for clients who qualify. We refer to other agencies for Mobile Wardens/Telecare/Benefit Advice/Safer York Partnership and Yorkshire Housing's Handytec Service.