

YORK 50+ FESTIVAL
50+ INFORMATION FAIR
THE GUILDHALL
30 stands

ACTION ON HEARING LOSS

We help people confronting deafness, tinnitus and hearing loss to live the life they choose. We enable them to take control of their lives and remove the barriers in their way.

ADVANCE DECISIONS ASSISTANCE

Making sure that your choices at the end of life are legally recognised and that all key personnel are notified.

AGE UK YORK

We provide support and services for the older people of York. Services range from advice and information to specific support for carers, day clubs, home from hospital support and even looking after people's pets during a health emergency.

CHIROPRACTIC PLUS

Struggling with back or neck pain? Want top tips to keep your spine healthy and prevent problems? Need advice on exercises for good balance? Enjoy a FREE postural health check from our qualified chiropractors.

COACHING YORK

We are an association of professional coaches giving our time and expertise to share the benefits of coaching – helping people clarify their goals, fulfil their potential, and promote greater well-being and self-confidence.

CO-MOTION PROJECT – University of York

This research project has conducted interviews with York residents over 55 years old going through major life changes affecting their mobility and wellbeing. We are now running workshops to help create policies/tools to make these changes easier.

CROMBIE WILKINSON SOLICITORS

Protect yourself and your loved ones from the effect of mental incapacity by talking to an expert solicitor about a Lasting Power of Attorney. We can advise you on the importance of an LPA and help with preparing a Will.

CYC HOUSING SERVICES

Housing advice and information. This specialist service can help anyone – home owners, private and council tenants, older people, their friends and families. Moving on, staying put, specialist housing, staying safe and anything else. Please drop in for a chat.

CYC SPORT & ACTIVE LEISURE

Sport and Active Leisure provides opportunities for people of all ages across York to keep fit and healthy. Our Eng-AGE Programme provides a wide range of community sport and physical activity sessions and uses events such as the annual Eng-AGE 50+ Games to promote these.

DEMENTIA FORWARD

We are a 'local for local' charity providing support, information and advice for people living with dementia and their carers and families.

DEPARTMENT OF WORK & PENSIONS

Oliver from DWP will be on hand to give you advice on benefits – Carer's Allowance, Personal Independence Payment, Attendance Allowance, Disability Living Allowance. The Carer's Allowance has a new digital service for claiming and reporting changes:-
www.gov.uk/carers-allowance.

DIGNITY IN DYING AND COMPASSION IN DYING

Dignity in Dying is a national campaign to legalise assisted dying for terminally ill, mentally competent adults. Compassion in Dying is a charity specialising in providing information on end-of-life choices such as Advance Decisions.

THE HEALING CLINIC

We provide a wide range of complementary therapies at reasonable rates. We work as a team to provide you with a comprehensive perspective on your health. People attend to remedy ailments but also to keep well. Let us help you 'Regain and Maintain Your Natural Vitality!'

HEALTHWATCH YORK

We ensure York people have a say in how all local health and social care services are designed and delivered. We need to hear from you how these services are working for you – please come and have a chat!

NEW EARSWICK INDOOR BOWLS CLUB

We want to let you know about all the varied activities we offer to people of all ages – it's not only bowling! Enjoy the bar and restaurant too. Please come and have a chat about how you could participate on a drop in or regular basis.

ODDFELLOWS

Exhibition showing the many activities and benefits enjoyed by becoming a member of the Oddfellows. Drop by and talk to our Vale of York volunteers.

OSTEOPOROSIS SOCIETY

York Support Group will provide you with information and advice about the services available. 1 in 2 women and 1 in 5 men over the age of 50 suffer from this debilitating disease which causes many broken bones.

RICCALL CARE

Learn more about us and our domiciliary care. We also offer free drop in advice sessions for carers who may be looking after family members suffering with a wide range of conditions – dementia, immobility, Parkinson's, etc.

SSAFA NORTH YORKSHIRE

The Soldiers, Sailors & Airmen Families Association covering the North Yorkshire area provides lifelong support for our Forces and their families.

STROKE ASSOCIATION

We run a visiting service that provides support and practical information to stroke survivors and their families. It can help families prepare for the changes that can happen because of their stroke and help them cope both physically and emotionally.

TOUCH TUINA TREATMENT CENTRE

Free taster sessions available in Tuina/Chinese massage and reflexology. Donations to be given to a local charity.

WEA

We provide a variety of courses for adult learners at various localities in the city. Do drop by our stand, pick up a copy of our brochure and talk to our volunteers about our organisation.

WILTSHIRE FARM FOODS

The frozen meals service for people who want to enjoy life. Order what you want. When you want. No contract. No commitment. No strings attached. Visit our stand to discover why thousands of customers choose Wiltshire Farm Foods or contact us on 01423 339666.

YORK BLIND & PARTIALLY SIGHTED SOCIETY

Optimeyes Project – promotion of eye health, eye screening and awareness raising of services currently available for visually impaired people.

YORK HOUSING ASSOCIATION

YHA runs Auden House an extra care scheme providing care and support for people over 55 to live independently. Bretgate and Margaret Philipson Court are sheltered housing schemes with floating support for people over 55.

YORK MUNSTER TWINNING ASSOCIATION

Münster is one of York's twinned cities. We hold social events and help develop links with Münster in Germany. There is a thriving sister organisation in Münster through which regular visits are arranged.

YORK OLDER PEOPLE'S ASSEMBLY

Our aim is to raise awareness of policy issues affecting the lives of older people through our public meetings and newsletters, to be well represented on policy-making committees, and to speak out in the press and media on local and national issues of concern to older people. Our annual 50+ Festival and Information Fairs offer activities, entertainment, services and advice and help to promote community cohesion.

YORK WHEELS

We provide door-to-door transport for people who cannot access public transport. We also operate the Dial and Ride shopping service which is also door-to-door.

YORKSHIRE HOUSING – Home Improvement Agency

We assist customers to maintain independence in their own home through the York Handyperson Service for clients who qualify. We refer to other agencies for mobile wardens/telecare/benefits advice/Safer York Partnership and Yorkshire Housing's Handytec Service.

YREN

York Racial Equality Network provides race equality information to organisations and individuals, promotes and supports community cohesion, and provides impartial information and support to people who are experiencing racial harassment, victimisation, discrimination or isolation.