

**50+ INFORMATION FAIR
ST SAMPSON'S CENTRE
THURSDAY 10 SEPT 10 AM - 3 PM**

BE INDEPENDENT Telecare Team

We offer emergency response, telecare and community loan equipment – please come and talk to us about how we can help you.

OCAV – OLDER CITIZEN'S ADVOCACY YORK

A free advocacy service for people over 50. We speak up for and support people to express their own views effectively, to make informed choices and achieve their goals.

SHOPMOBILITY YORK

Low cost hire of mobility equipment to anyone with a mobility problem, whether it is temporary or permanent.

YORK MIND

We support people recovering from mental ill health through courses, activity and support groups, counselling, befriending and our new mentoring service. Please see our website, ring 01904 643364 or chat to us.