

ST SAMPSON'S CENTRE
CHURCH STREET
50+ INFORMATION FAIR
THURSDAY 15 SEPTEMBER 16, 10 AM – 3 PM

BE INDEPENDENT

We will demonstrate equipment that we have available to support people to live safer and independently in their own home with/without carers and go through the process on how to access our services.

HEALING CLINIC

We provide a wide range of complementary therapies at reasonable rates. We host a wide range of courses and classes in Briar House Resources, our sister social enterprise in Club Chambers on Museum Street, where most of our events are held during the Festival.

OCA Y – Older Citizens Advocacy York

A free advocacy service for people over 50. We speak up for and support people to express their own views effectively, to make informed choices and achieve their goals.

YORK CARERS CENTRE

We help unpaid carers living or caring for someone who lives in York. The Centre offers free advice and information, an Emergency Card Scheme and support for young carers and young adult carers.