

YORK 50+ INFORMATION FAIR 2013

GUILDHALL, 10 am - 4 pm

AGE UK YORK

We provide a wide range of personal and practical support, which includes giving information and advice, arranging respite care and friendly visitors, helping after a stay in hospital, and organising a variety of leisure activities such as holidays and day clubs.

BLUEBIRD CARE

We are a homecare provider, offering a quality service to people in their own homes. We offer a unique service of tailored visits from 30 minutes upwards. We also do shopping, domestic and social calls.

CITY OF YORK COUNCIL - Housing Options

Home is one of the most important places in the world and we want to make sure that people are able to live how and where they want. Information and advice on moving on, staying put, keeping safe and being happy.

CITY OF YORK COUNCIL – Sport & Active Leisure

Come and talk to us about sport and physical activity opportunities for the over 50s in York, whether at community venues or in our leisure facilities. Find new, fun ways to keep fit and healthy!

CROMBIE WILKINSON SOLICITORS

Protect yourself and your loved ones from the effect of mental incapacity by talking to an expert solicitor about a Lasting Power of Attorney. We can advise you on the importance of an LPA and a Will.

FITNESS FIRST YORK

At Fitness First York you can use the latest equipment to get fit with friends or with a personal trainer at a time to suit you. Whatever your goal, we'll support and motivate you. When it comes to fitness, we put you first.

FOREVER LIVING PRODUCTS

Established for over 35 years, we offer unique Aloe Vera based health and wellbeing products. Our range includes drinks, skincare and weight management. Come and see us to discuss your health - our products are helping people worldwide.

HARROWELLS

We offer advice on a wide range of issues including property purchase and sale, powers of attorney and inheritance planning. We can also assist where there are disputes or claims such as care fee challenges.

HEALTHWATCH YORK

Healthwatch York is the new consumer champion for health and social care services and represents the voice of patients, service users, carers and all the people of York. Tell us of your healthcare experience.

HOME INSTEAD

Our Senior Care services are tailored to the needs of individual clients and provide companionship, home help and personal care support which enable people to remain living independently in their own homes.

JOSEPH ROWNTREE HOUSING TRUST

We specialise in the provision of housing and care and support services for older people, with a number of schemes in the York area.

LEEDS & YORK PARTNERSHIP FOUNDATION TRUST

We deliver mental health, learning disability and substance abuse services in York, Selby, Tadcaster and Easingwold. We also specialise in mental health services across North Yorkshire.

LIVE WELL CHIROPRACTIC

Struggling with aches and pains? Enjoy a free posture and spine check to assess if chiropractic care holds the key to a better quality of life. All welcome.

MADHYAMAKA BUDDHIST CENTRE

Please browse amongst our books and other Buddhist items. We are here to answer your questions and to raise awareness about our events, classes and meditations which are available for everyone.

OCA Y

Older Citizen's Advocacy York is an independent registered charity offering a free advocacy service for all citizens of York aged 50 and over. Our stall will contain information about the support offered by OCA Y and forthcoming fundraising events, plus opportunities and information about volunteering.

ODDFELLOWS

We are a Friendly Society who meet regularly for social occasions, trips, lunches and visits to the theatre, etc. We also have a carer who visits anyone who is ill and helps whenever needed.

SHOPMOBILITY YORK

We offer scooter and wheelchair hire for people wanting to get around the city centre who would find it difficult on foot. It enables locals and visitors to access our beautiful city in comfort.

STORY STUDIOS (home visits)

Make a CD! Record your stories, your unique repertoire to share with your family. Tell stories of your earliest memories, your parents, your school, your travels, your adventures, your work.... Give your CD to your grandchildren – your stories will be theirs to treasure.

TREFOIL

We provide friendship, fun and activities for our members as well as opportunities to support Guiding and the community. Membership is open to anyone over the age of 18 who is willing to make the Guide Promise.

WEA

Provides a wide variety of courses for adult learners at locations around the city. Do drop by our stand, pick up a copy of our brochure and talk to our volunteers about our organisation.

WILTSHIRE FARM FOODS

We have more than 220 delicious dishes throughout our range which are hand delivered FREE by friendly, caring and reliable drivers. Delicious meals at tasty prices. Come and find out more.

YORK CARERS FORUM

Visit our stand to find out more about what unpaid carers can get up to besides being carers!

YORK HANDYPERSON SCHEME

Our service assists with small repairs and other tasks to enable you to live safely and comfortably in your own home. Clients in receipt of income-based benefits pay for materials and the handy person will fit them free of charge.

YORK HOMECARE

We offer domiciliary care services tailored to the needs of older people. At the stand we invite you to a soothing hand massage as we discuss the options for care.

YORK MIND - Silver Dreams

Silver Dreams supports older, isolated people living with mental health difficulties to access groups, services and activities within the local community.

YORK OLDER PEOPLE'S ASSEMBLY

Our aim is to raise awareness of policy issues affecting the lives of older people through our public meetings and newsletters, to be well represented on policy-making committees, and to speak out in the press and media on local and national issues of concern to older people. Our annual 50+ Festival and Information Fairs offer activities, entertainment, services and advice and help to promote community cohesion.

YORK RACIAL EQUALITY NETWORK

We are a voluntary organisation empowering equality within the city - our specialist area is working with black and minority ethnic people. We have strong partnerships with other equality organisations including York Older People's Assembly, York Lesbian, Gay, Bisexual and Transgender Forum, Independent Living Network, City of Sanctuary, York Interfaith, etc.

YORK WHEELS

We are a registered charity and provide transport services for the benefit of the community. The service is aimed at people who have mobility problems who cannot afford other modes of transport. York Wheels also runs a car scheme and has a minibus for hire.

YORKSHIRE HOUSING MOBILE WARDEN SUPPORT

We help our customers to maintain their independence within their own home for as long as possible. The service includes support with accessing community and social activities, completing forms, financial assessments, accessing healthcare and/or assistive technology, and much more.