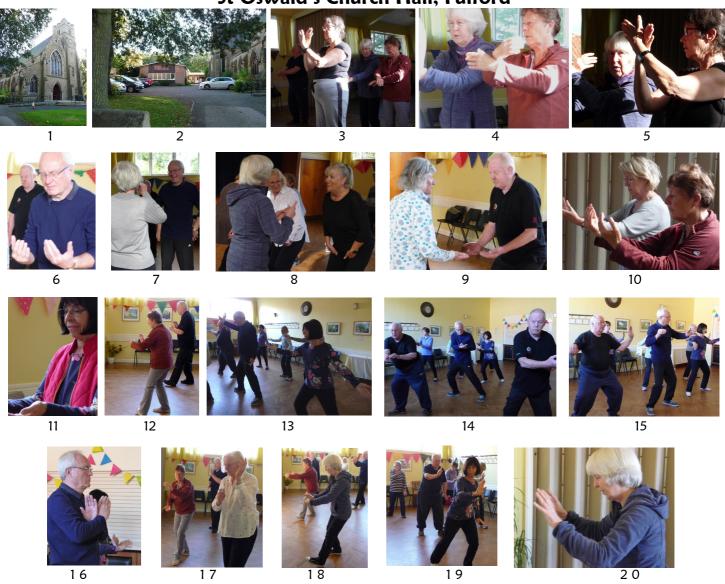
## YORK 50+ FESTIVAL Monday 2 October 2017

## T'AI CHI St Oswald's Church Hall, Fulford



## SEATED PILATES Briar House



Photos by Sue Lister 01904 488870