

**PLUS...at ST SAMPSON'S CENTRE, Church Street,
York YO1 8BE**

BE INDEPENDENT

We are a telecare and warden call service helping to promote independent living.

RESOURCE CENTRE FOR DEAFENED PEOPLE

Modern telephones and different methods of using them make it so much easier for elderly people to cope. This removes the anxiety of members of the family who may not be able to contact their loved ones to enquire about their health/well-being.