## YORK 50+ FESTIVAL - 8<sup>th</sup> year of successful celebrations!



There has been a phenomenal response to the 110 events at this year's York 50+ Festival with the main complaint being that there was so much on offer that people couldn't get to everything that interested them!





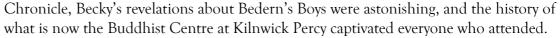
These images are the tip of the iceberg as far as enjoyment of the 50+ Festival goes – enthusiasm abounded. There was a buzz at the sporting events and the alternative health workshops and taster sessions. Over 100 people attended the Ceilidh for Palestine, the Concert at St Sampson's and



the YKSoul Fundraiser for YOPA. The Vintage Velvet line dancers took us by surprise as they smashed age stereotypes at the 50+ Festival Show, and the model boats at Rowntree Park were a peaceful echo of the exciting Dragon Boat Races on the River Ouse.



Many York people seem to have a great thirst for knowledge of the past and the historical walk with Monica Nelson noted a locked passage leading down to the river from the Guildhall, the Show and Tell at the Old Palace provided a fascinating glimpse of a copy of the 15<sup>th</sup> century Nuremberg





Children of the Holy Land, Iran - problems and possibilities and Wisdom from Tibet raised international questions of fairness and justice. York City of Sanctuary brought the focus closer to home with the help of the Real People Theatre whose scenes on homophobia and refugees involved the audience in lively discussion and interventions. The sharing of music ran from country to classical, from singing to dancing, people went for walks, attended talks, learnt about EFT tapping and herbal medicine, meditated with crystals and turned rags into riches with the Ebor Ruggers in Dunnington.



The Festival Photo Gallery can be found at www.yorkassembly.org.uk/festival.



YOPA looks forward to a 9<sup>th</sup> annual York 50+ Festival next year. If you would like to put an event in the programme please contact the Coordinator, Sue Lister, on 01904 488870.



