## YORK 50+ FESTIVAL

Tuesday 25 September 18

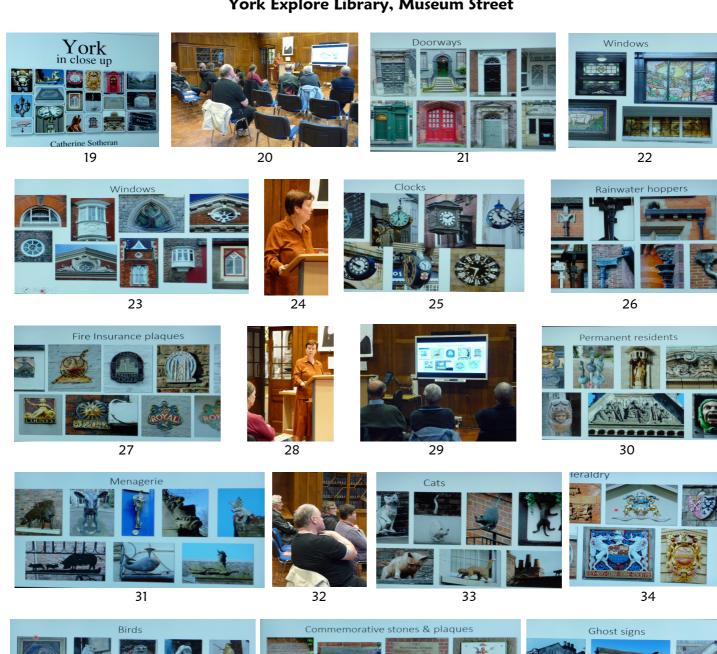
## HALVES LUNCH CLUB ARK Church, Monkgate



## HEALTH & WELLBEING WITH AYURVEDIC HERBS Tulliver's Health Food Shop, Colliergate

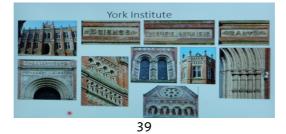


## YORK IN CLOSE UP York Explore Library, Museum Street











Photos by Sue Lister 01904 488870