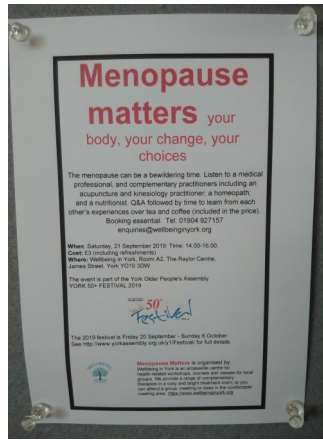


Friday 21 September
Menopause matters
Wellbeing in York



1



2



3



4

Saturday 28 September
Touch for health Balancathon
Wellbeing in York



1



2



3