

## **YOPA OPEN MEETINGS 2018**

### **Monday 15 January**

#### **Financial and Legal planning for the future**

- a) Kevin Hilton, SOLLA (Society of Later Life Advisors) Financial Advisor.
- b) Garbutt & Elliott - on how to protect your assets.
- c) Belinda-Jane Poulter Director, Crombie Wilkinson Solicitors - on Power of Attorney, Advance Decisions, Wills.

### **Monday 19 March**

#### **End of Life issues**

- a) Stan Young - on Dignity in Dying.
- b) Chris Dudzinska, Last Wishes Funerals - on alternative funeral planning.
- c) Ann Cairns, St Leonard's Hospice - how it works for you.

### **Monday 9 April**

#### **News from the CCG & from Parliament**

- a) Phil Mettam - Chief Officer, Vale of Cork CCG – health plans for the coming year.
- b) Rachael Maskell MP, Shadow Transport Minister – update from Parliament.

### **Monday 21 May**

**Equity Release** Matthew Allen & Brendan Spencer from SAGA.

**Healthwatch** Oliver Athorn.

## **Monday 16 July**

### **All in the Mind**

a) Ruth Hill, Operations Manager, York (TEWV - Tees Esk & Wear Valleys)

b) Alyson Scott, CEO of MIND

## **Monday 17 September**

### **Ageing Alone - AWOC York**

(ageing without the support of nearby children)

Sue Lister - extracts from Real People Theatre

"No Kidding"

Rachel Jenkins - new approaches to ageing.

## **Monday 15 October**

### **AGM (1 pm)**

Guest speaker from The National Railway Museum.

Judith McNichol - NRM, the future

## **19 November**

### **Staying Healthy & Independent**

Rosemary Suttill, Citizens Advice York

Dr Lesley Godfrey, Integrated Care Team, Priory Medical Group.