York Celebrates

United Nations International Day of Older People Saturday, 1 October 2022



Why a special day about older people?

An opportunity to showcase the resilience (and continuing) contribution of older people in a changing and challenging world

An opportunity to talk about and share memories and ambition with older people...we are many!

A focus for signposting the creative and diverse ways older people can give and secure the support they need to live their best lives

Who is getting involved in York?

YOPA; OCAY; Age UK York; supported by York Museums Trust; York Theatre Royal; York Hospital; Radio York

Join us, Come and Visit

Castle Museum: an exhibition and talks in the Kirk Room in collaboration with Herstory where older women will tell their personal stories on each hour, 11am to 3pm, recounting how they have been part of shaping our wonderful city and how they continue to do so today! Refreshments available.

Free entry to Kirk Room and York Museums Trust is kindly offering free entry to the whole of Castle Museum for first lucky 30 attendees!

York Theatre Royal: the theatre is offering a Virtual Reality (VR) treat with older people being invited to sample the new VR recordings of acclaimed theatre productions – which they plan subsequently to be made available to day centres and residential homes. Do come and experience this exciting new world!

Free entry to Upper Foyer, York Theatre Royal (lift access) from 11-3.30pm

StreetLife: the **50+ Festival Information Fair** will be held on Thurs, Sept 29th in StreetLife, Coney Street. Leaflets will remain for the International Day, October 1st

Join us, Look and Listen

Radio York: will be hearing live and recorded voices of older people from across all corners of our city, storytelling across the day

York Hospital Radio: more story telling designed to engage the older hospital community

Websites: Age UK York, YOPA, OCAY, Live Well York and York Hospital will be promoting this celebration of old age with messages on their main websites

York Museums Trust, York Theatre Royal, YOPA and York Hospital will be provoking dialogue and debate for those of us who tweet(!) with a twitter takeover of the Theatre, Museum and Hospital social media Twitter accounts!

For further information contact:

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Supported by YOPA York Older People's Assembly Registered Charity 1101018